



# The Children's Foundation

Helping One Child at a Time

## Strive to Thrive Care Package Application

Strive to Thrive will offer care packages for those who may need the extra support, youth who are out on their own, or at school. Care packages will be curated specifically to the youth's interests & needs.

### Eligibility for Strive to Thrive Care Packages

**Register a minimum of 10 business days prior to the start of when you will need the booklet**

- Recipients must be between the ages of 13-21 years (26 years of age if in care of HSCA)
- Family must reside in Hastings, Northumberland or Prince Edward Counties and be unable to pay the registration costs
- Recipients may apply for up to **4 care packages per calendar year**

### How can Families Apply?

- Online; [www.thechildrensfoundation.ca/ Programs and Services/ Strive to Thrive Resource Booklets Download](http://www.thechildrensfoundation.ca/Programs%20and%20Services/Strive%20to%20ThriveResource%20Booklets%20Download) and print the application from the above website
- Pick up a form at any of The Children's Foundation locations
- Call- 613-962-9292
- Email- [Kaitlyn.saseniuk@highlandshorescas.com](mailto:Kaitlyn.saseniuk@highlandshorescas.com)



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## Strive to Thrive Care Package Form

**All sections** of the application must be filled out completely.

Section 1: Recipient (Ages 13-21, or ages 13-26 if	In the care of HSCA)
First Name:	Last Name:
Date of Birth:	Age:
Section 2: Parent/ Guardian information (If recipients information)	The applicant is under 18, if over 18 use
Name:	Telephone:
Address:	
City:	Postal Code:
Email:	
Is the family involved with Highland Shores	Children's Aid Society or another agency:
What agency:	Worker Name:
Are you on social assistance:	
Yearly Household Income:	# People in Household:
Section 3: About the Recipient	
Favourite Colour:	Least favourite colour:
Themes you enjoy:	1.
2.	3.
Themes you dislike:	1.
2.	3.
Do you require unscented products:	Allergies:
Would you prefer a gender-neutral care package:	

Signature of Parent/ Guardian (if under 18): \_\_\_\_\_

I have thoroughly read and understood the guidelines of Strive to Thrive Funding and agree that this application meets the guidelines: Yes / No

I consent to have The Children's Foundation contact me for photos or testimonials to use at their discretion: Yes / No

**If you are so inclined, we would appreciate a letter or photo of how the participant used the funding and how it benefitted their life.**

**Please scan and email your application to: [tcf@highlandshorescas.com](mailto:tcf@highlandshorescas.com) with the subject line being the name of the participant.**

You may also drop off or mail completed forms to **The Children's Foundation Attn: Kaitlyn Saseniuk-Foreman**  
Belleville- 363 Dundas St. West, Belleville, ON, K8P 1B3.....P.613-962-9292



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## A La Carte Strive to Thrive Care Package Options

Do you have dietary restrictions (please specify what): \_\_\_\_\_

Would a mental health book be beneficial to you: Yes / No

If you would like something that you do not see on the list or have special requirements for the options you've selected, please send an email to: [Kaitlyn.saseniuk@highlandshorescas.com](mailto:Kaitlyn.saseniuk@highlandshorescas.com)

Pick **10 red options**, **5 blue options** & **2 green options**

Floss	Shampoo	Toilet paper
Toothpicks	Conditioner	Paper Towel
Toothpaste	Kleenex boxes	Menstrual pads
Toothbrush	Epsom salts	Tampons
Bar body soap	Shaving cream	Razors
Liquid body soap	Body scrub	Nail polish
Bubble bath	Laundry detergent	Nail cutting kit
Luffa	Disinfectant	Travel mug
Deodorant	Dishcloths	Pajamas
Hair elastics	Socks	Tupperware containers
Hairbrush	Sewing kit	Throw blanket
Lip Chap	Mug	Puzzle
Cream	Pens or pencils	Boardgame
Hand sanitizer	Notebook	
Cleaning gloves	Adult colouring book	
Craft kit	Peanut butter	
Dish soap	Spaghetti kit	
Cleaning chemicals	Taco kit	
Broom & Dustpan	Nacho kit	
Hot chocolate mix		
Tetra pack of juice		
Tea		
Coffee		
Powdered juice		
Chocolates		
Popcorn or Chips		
Cookie kit		
Cake kit		
Brownie kit		
Crackers		
Sweet snacks		
Salty snacks		